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### **INFORMED CONSENT FOR VIDEO TELEPSYCHOLOGICAL SERVICES**

This document will describe the limitations and innovative nature of using electronic communications in the provision of psychological services. The video platform I use is HIPPA compliant. However, there are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions. I will make reasonable efforts to protect and maintain the confidentiality relating to you.

It is important to use a secure internet connection rather than public/free Wi-Fi. I am responsible for explaining how to use the video-conferencing platform. You will need access to equipment that allows for this communication. It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session. Video-conferencing has the potential to end unexpectedly or to have degraded picture/sound due to technical difficulties which are out of my control.

It is important to be on time for the session. If it is necessary to cancel or change your appointment, it is important to notify me by emailing me at [drbinder@psychnashville.com](mailto:drbinder@psychnashville.com) or calling me at (615)913-0541 by 24 hours before our scheduled session.

Telepsychology is not appropriate for every person and every problem. Thus, it is possible that I will determine that, due to certain circumstances, telepsychology is no longer appropriate.

The video session will not be recorded by either me or you. Thus, the conversation from the sessions is not stored, and no one will have access to it.

It is necessary to have a back-up plan in case of technical problems or emergent circumstances. For this reason, I need to have your telephone number and email address, to restart the session or to reschedule it. There also needs to be a safety plan, and I need your address, at least one emergency contact, and the closest emergency room to your location, in the event of a crisis. There is an INFORMATION FORM that must be filled out prior to the first session, to provide this information.

In case of emergency or technical problems, an alternative way to get in touch with me is my cell phone number, (615)913-0541.

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Patient Signature

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Date

